



校長的話

同行九月：以生命影響生命的教育旅程

Walking Together for Nine Months: A Journey of Life Impacting Life

每天最期待的畫面

轉眼間，擔任校長已經九個月了。這九個月來，我每天最期待的，莫過於早上在學校門口迎接大家回校。看着同學們充滿朝氣的笑臉，心中感到無比開心；而每當下午放學的時候，最讓我感到欣慰的，則莫過於看見大家帶著笑容、滿載收穫離開校園的時刻。

記住每個人的閃亮點

教育是「人影響人，生命影響生命」的旅程，從不是單向的知識傳遞。師長以言行傳遞溫暖與責任，同學之間以陪伴彼此啟發，讓每一份善意與堅持，都能在相處中滋養成長。而要做好這一切，師長需要用心認識大家，細心了解你們的特質與需求，記住每個人的閃亮點與小困惑，讓大家都能真正感受到被看見、被重視。

守護不同節奏的綻放

其實不論你們的成長節奏快慢、起點高低，師長都會傾盡全力給予陪伴與支援，耐心守護每一個獨特的生命慢慢綻放。同時我們深信，學習不應僅限於課堂之內，真正的學習是一場豐富的經歷。因此，我們日後將更積極讓學生走出課室，參與各種多元活動，讓你們在實踐中求知、在體驗中積累收穫，全方位成長。

做孩子最堅實的成長伙伴

這九個月的陪伴，讓我不僅看見了你們的成長，也讓我學會了如何成為一個更好的同行者。期待在未來的日子裡，我們繼續以生命影響生命。

My Most Anticipated Daily Sight

In the blink of an eye, I have been serving as the Principal for nine months. Throughout this time, the moment I look forward to most each day is welcoming everyone back to school at the entrance. Seeing the students' vibrant smiles fills my heart with immense joy. Similarly, in the afternoon, nothing is more gratifying than watching everyone leave the campus with smiles, full of a sense of fulfillment.

Remembering Every Sparkle

Education is a journey where 'people influence people, and lives touch lives'; it is never a one-way transmission of knowledge. Teachers convey warmth and responsibility through their words and actions, while students inspire each other through companionship, allowing every act of kindness and perseverance to be nurtured through these interactions. To achieve this, teachers need to genuinely understand you all - attentively recognizing your unique qualities and needs, and remembering each person's strengths and small challenges — so that everyone can truly feel seen and valued.

Guiding Growth at Every Pace

Regardless of your pace of growth or starting point, teachers should dedicate themselves to providing companionship and support, patiently guarding each unique life as it slowly blossoms. We also firmly believe that learning should not be confined to the classroom; true learning is a rich, holistic experience. Therefore, we will more actively encourage students to step out of the classroom and participate in diverse activities, enabling you to seek knowledge through practice and accumulate experience for comprehensive growth.

Being a Steadfast Companion in Growth

These nine months of companionship have allowed me not only to witness your growth but also to learn how to be a better fellow traveler. I look forward to the days ahead as we continue to touch lives with lives.



新同事自我介紹

王泳欣老師

大家好！我是這學年新加入梅窩這個大家庭的王泳欣老師，主要教授三、四及六年級英文及數學小班。我非常高興成為梅窩學校的教師。我日常很喜歡與同學們互動和聊天，希望能和大家融洽相處，亦師亦友！期待與各位同事、家長和學生一起努力，為大家共同創造愉快而且有愛的學習環境，未來的日子請多多指教！



曾詠怡教學助理

大家好！我是曾詠怡，大家可以叫我Alice姐姐，非常高興能夠再次回到梅窩學校這個大家庭。我在學校裏擔任教學助理，主要協助學生學習和支援老師工作。作為舊生，我對學校已經有深厚的情感，更期待能與大家共同學習和成長，並一起創造更多美好的回憶！



潘國華社工

我是學校社工潘國華，很多人稱呼我作潘Sir。我喜歡探索新事物及看故事，因此想跟大家分享一個作為我座右銘的故事。一天，一隻農場的老驢不小心掉進枯井，農夫不想花精神救這隻年老的驢子，決定用沙泥填平這口枯井。老驢起初十分驚慌，但冷靜後能借助沙泥作為逃離枯井的踏腳石，逃離險境。每當我遇到逆境時，這故事都能提醒我要保持冷靜，盡力思考，尋找解決方法。我希望這故事可同樣幫助大家。



余穎欣老師

大家好！我是余穎欣老師，很高興能加入梅窩學校這個溫暖的大家庭。我主要任教一年級和五年級的非華語生中文課。平日會與「愛生命校園大使」一起幫忙打理小農圃。



我喜歡在大自然裏欣賞一草一木，曬曬太陽，深呼吸新鮮的空氣。我也喜歡打乒乓球、畫畫、品嚐美食和做靜心練習。

歡迎同學們在小息時跟我互動聊天，分享有趣的事情。讓我們一起在校園裏愉快學習、健康成長！

顏仲緯老師

大家好！我是顏仲緯老師，非常榮幸能加入梅窩學校這個溫暖的大家庭。本學年我主要教授體育科與英文科，我衷心期待能和大家一起在快樂中學習，一起發現運動及英文的樂趣。



希望同學們能夠保持好奇心，勇於提問並探索新知；擁有一颗溫暖的心，學會與同學友愛互助，讓校園處處充滿笑聲；請記得不要怕出錯，因為每一次的挑戰都是成長的寶貴養分。

讓我們帶着活力與勇氣一起加油，共同路上這段充滿樂趣的學習旅程吧！

徐少珊老師

大家好！我是徐少珊老師，我在學校負責的教學工作如下：擔任小五甲班的班主任和英文科老師，同時也教小二甲班的常識與視藝科，還有小一甲班的數學科。



非常榮幸能加入梅窩學校這個溫暖的大家庭！我是一個十足的大自然愛好者，平時最愛行山、游泳和騎自行車。所以能來到這所充滿鄉野氣息的學校任教，對我來說真的是夢想成真！

還記得我來學校的第一天，你們一張張親切的笑臉、一陣陣熱烈的掌聲，瞬間就讓我感覺像回到了自己的家一樣溫暖。小休的時候，我看到操場上的你們嬉笑玩鬧、暢聊不停，有的同學在教室外彈奏鋼琴，有的同學在電腦室裏探索新知，看着你們每個人臉上洋溢的健康與快樂，我心裏滿是欣慰。

我發現，在梅窩這片土地長大或者生活的人，都有着最純真、最熱情的模樣。記得我和先生剛來的時候，還沒等我們開門，就有熱心的老奶奶主動跟我們打招呼，歡迎我們來到梅窩。這座小島藏着太多的魅力，還有好多風景和故事等着我慢慢去發掘，也期待你們以後能多多指教，讓我能發掘這座小島的更多趣味！

當然啦，作為老師，我更期待的是能和你們每一個人成為朋友，走進你們的世界，去發現你們每個人獨一無二的亮點！

最後，再次謝謝大家的熱情歡迎！在以後的日子裡，隨時歡迎你們來找我聊天，讓我們一起互相認識，彼此陪伴，共同成長！

活動照片

全方位學習活動 Life-wide Learning Activities

聖誕聯歡會



出外參觀學習活動



愛生命校園大使



樂滿梅窩 FunFunFun



牛牛存摺頒獎禮



學校旅行



校外比賽 External Competition

大嶼山區小學校際田徑比賽



屯門區第四十屆舞蹈大賽

校際五人足球比賽



聖貞德中學 STEAM 小學校際邀請賽



校園樂趣多 Fun in School

小一迎新



學生午間才藝表演



生日祝福滿校園



校友會聚餐



教育活動 Education Activities

小六教育營



升中面試工作坊



手繪花燈工作坊



社交小組



英文課堂



家計會性教育講座



常識課堂



視藝課堂



積極人生計劃日營



領袖生訓練日營



揮春創作 喜迎新春



體育課 球類板球 躲避盤課堂



幼小多元智能課



課外活動 Extracurricular Activity

課後興趣班



多元智能活動



親子活動 Parent-child Activity

家教會親子旅行

迷你龍舟獎彩繪親子工作坊



愉快學習 FunFunFun 親子學習技巧講座

親子正向教育講座



中文佳作

一年級 成宗鉉

《我是小學生》

我叫成宗鉉，是一年級的學生。

在學校裏，我學會了讀書，也學會了寫字。我喜愛上中文課。

小息時，我喜歡看圖書和吃東西。

上學真快樂！

二年級 邱誠楓

《學校旅行》

星期四，我和同學們一起興高采烈地前往北潭涌度假營參加學校旅行。

當天的天氣晴朗又涼快，十分舒服。同學們在營地裏進行各式各樣的活動，有的在爬繩網，有的在踏單車，有的在玩滾軸溜冰，有的在遊樂場玩耍。我最喜歡的是爬繩網，因為可以挑戰自己。

雖然我玩得很疲倦，但是我度過了難忘的一天。

四年級 成秀妍

《颱風天》

老師說：「明天和後天都不用上學！因為會有八號颱風！」

颱風那天，我們一家人起床時，天空是藍色的，不像颱風會來的樣子。但是到了下午時，風開始加強，天開始變黑，我們便知道颱風要來了！

開始下雨了！爸爸和姐姐即刻把鳥籠搬到樓梯間，以確保小狗安全地待在家裏。我和弟弟便做功課，而姐姐煮午餐給我們吃。當做完功課後，爸爸說：「既然是颱風天，不如我們在家看電影吧！」我和弟弟立刻回答：「好啊！」

到了第二天，我們都起床晚了。因為昨晚睡得不好，強風吹了整個晚上。吃完早餐後，我和弟弟透過窗戶看外面的情況，外面依然刮着大風，樹枝和樹葉被吹得搖擺不定，真的很可怕！

到了星期四，我和弟弟要上學了。我們看外面的露台，四處都佈滿了樹枝和樹葉，水渠都堵塞了，地面變得十分骯髒，看新聞報導很多樹木倒塌、也出現水淹低窪區的情況。如果颱風下次再來，我們要提前做好準備！

三年級 陳信哲

《學校旅行》

星期四，校長、老師和我們全校的同學一起去旅行。我們坐旅遊巴前往西貢，由於路程很遙遠，我們在旅遊巴上坐了很久才到達那裏。

到達西貢後，我看到那裏的景色十分優美，有一大片翠綠的草地，廣闊的足球場和籃球場，我已經急不及待想去玩耍。

首先，我和同學一起在公園的入口集合，然後我們拍了一張大合照。接着，老師宣佈我們可以進行各自不同的活動，我們都期待着去參與最想玩的活動，心情十分興奮。

然後，我們先聽了職員的講解，就立即去公園進行活動。公園裏有很多不同的設施，有搖搖板、滑梯、鞦韆……讓我們可以盡情地玩耍。

接着，我到了繩網區，我在繩網上攀爬，還玩了一個很有趣的飛索，從一個高台飛到另一個高台上，十分刺激。

活動結束後，我們就去吃午飯，吃了雞蛋、牛肉、魚……大家都吃得津津有味。飯後，我便去踢足球，並和同學進行了一場足球比賽。雖然我沒有取得勝利，但我也十分滿足。最後，我還打了乒乓球才離開。

那天，我和同學都玩得很開心，真期待下一次的旅行呢！

五年級 陳希飛

《聖誕趣事》

今天是平安夜，我和家人到了外公外婆的家慶祝我的生日和聖誕節。

當我到達時，大家已經手忙腳亂地在準備食物，忙個不停。而我和弟弟就一直瞪着樹下的禮物，好像兩隻小猴子瞪着人們的食物一樣。

「吃飯了！」媽媽喊道，大家都立即坐好準備吃聖誕大餐。當我看到桌上的火雞時，我驚訝極了！我本來以為我們的火雞是很大的，但這隻「火雞」卻比普通的雞還要小！但我依然吃得津津有味。桌上還有很多食物，例如：沙律、南瓜湯、芝士意粉等。我和家人都吃得很飽。

之後就到我和弟弟都期待已久的環節——派聖誕禮物。第一份禮物是外公外婆送的，是幾件漂亮的衣服，而弟弟就收到他最想要的爆旋陀螺。他一看到這份禮物就高興得跳來跳去，成了一隻雀躍的小鳥！

第二份禮物是姨丈和阿姨送給我的，是一個可愛到發瘋的小貓布袋和一對波鞋。

最後，我們吃了生日蛋糕。我選了一個薄荷巧克力蛋糕，阿姨說它是「牙膏味」，我頓時哈哈大笑起來。

雖然我收到了很多的禮物，真的很開心，但我認為一家人能夠團團圓圓地過聖誕，才是世上最開心和珍貴的禮物。

六年級 羅美茵

《我們的新校長》

五年級時教我們英文和電腦科的黃老師，如今成了學校的黃校長。每次在校門口遇見他，我總會想起那些藏在五年級課堂裏的溫暖時光，也忽然明白：原來好老師，無論換了什麼身份，都能把溫暖帶到每個角落。

記得五年級的英文課從不是枯燥的背誦，而是藏著好多有趣的小驚喜。黃老師總愛用遊戲的方式幫我們記單詞——有時是「單詞接力賽」，有時是「拼字闖關」，原本難記的單詞在笑聲裏就刻進了腦子。為了讓我們考試能多拿幾分，每次臨考前他都會犧牲休息時間給我們補課，耐心地講解每一個課題重點。後來考試成績出來，半數以上的同學都能合格，我們抱著試卷歡呼時，他也笑得很燦爛。

上電腦課，他同樣是我們貼心的引路人。第一次學習做小程序時，我面對複雜的操作界面，遇上了困難，連第一步都要試好幾次。黃老師沒有直接替我完成，而是站在我旁邊，看着屏幕一步一步教我。看着自己做的小程序慢慢成型，我特別開心，他也笑着點頭稱讚我。

現在黃老師成了黃校長，熟悉的感覺卻一點沒變。清晨在校門口，他還是會像五年級時那樣，笑着和我們打招呼；路過教室時，他也會停下腳步，看一看我們認真寫作業的樣子。原來，從五年級的黃老師到現在的黃校長，變的是他的身份，不變的是對我們的耐心和溫柔。這樣的校長，總讓我覺得特別親切，也特別喜歡。

視藝佳作



Andie 我的同學



羅灝朗 面對面



羅芷滢 生日蛋糕



Odessa 雲的聯想



陳信哲 彩蛇一窩



黃奕淳 彩蛇一窩

1A Rennie Jaxon Adam

His name is Justin.
He has big eyes.
He has short hair.
He has long legs.
He is my brother.

2A Nzaro Nick Tszi Da

Birthday Gifts For My Friend's Birthday

Today, I go to Mr Eagle's toy shop with Peter. I want to buy toys for Peter's birthday. I want to buy a green toy soldier. It is twenty-one dollars, and it is nice. I also want to buy a blue kite. It is fifteen dollars, and it is cheap. I hope Peter will like the toys.

3A Chan Shun Chit Steve

Sports Day

It is Sports Day today. Helen is taking part in the long jump. She is excited. The judge blows the whistle. Helen runs towards the sand pit. She slips and falls on the ground. She is upset and embarrassed.

Next, she is ready for the second jump. She takes a deep breath. She runs fast and jumps. She jumps a long distance. She gets a gold medal and she eats Mos Burger to celebrate her victory.

5A Chan Chung Yan Grace

Chinese New Year

Chinese New Year is like a big party held every year to celebrate a fresh start! Let's learn more about it!

In 2026, Chinese New Year falls on February 17th, during the spring season. It is also known as the Spring Festival. This festival symbolizes hope, renewal and the coming of spring. Families reunite as people usually travel long distances to be with their loved ones, often sharing meals together.

There are many delicious traditional foods during the Spring Festival, such as Nian Gao. In Chinese, "Nian Gao" sounds like "nián gao" (year higher), which signifies growth, progress and improvement in life, career and income year after year.

The Spring Festival not only features amazing food, but also fun activities, including lion dances, dragon dances and exchanging red packets. The lion dance is a cornerstone of Spring Festival celebrations. It is performed to usher in good luck, prosperity and joy, while scaring away evil spirits and negative energy. The dragon dance is very colourful, and the dragon's color dictates its blessings: green for a great harvest, gold or silver for prosperity, and red for joy.

Chinese New Year is a special time that reminds us of the importance of family, tradition, and new beginnings. Every moment is a reason to celebrate.

4A Hung Chun Nok Raynold

My School Picnic

Today we had our school picnic. We went to Po Leung Kuk Pak Tam Chung Holiday Camp. We played a lot of games and ate a lot of food. We were in a group of six, and I was with C. J., Kudu, Venice, Thyryl and Nate. The teacher with us was Mr. Eagle.

First, we took a walk around the place, and we saw some trees, flowers and other things. We also saw some telescopes. The first one wasn't working, but the second one was. It was really hard to see anything, but we still saw some stuff.

Then we went to the archery range. It was hard at first to hit the target because the worker told us to keep the bow a little bit lower, but on the last arrow I still scored three points because I aimed my bow higher.

After that, we went to the children's challenge course because the big challenge course was closed, and so was the golf course. Playing on it was fun, although the part where you must hold things on top while walking on a big rope was very hard. I still completed the course in the end.

Then, we went to the football pitch. We also saw a basketball court along the way. When we got there, we saw some P.5 and P.6 students and some other people already playing, so we couldn't play even if we wanted to. We ate snacks for about an hour, and we also played cards and guessed riddles too.

After that, we had lunch. I was not very hungry because I had already eaten a lot at the football pitch, so I didn't eat much. I only ate a sandwich made by C. J., some rice, and a little bit of the other dishes. We waited for half an hour. We ate some mami noodles for dessert. Then, we started playing again.

We went to the badminton and table tennis courts in the building. I spent twenty dollars playing the claw machines. It cost twenty dollars for only four tokens, so I thought it was expensive.

At last, we went roller skating. I waited a very long time for my turn. When I tried skating, I fell many times and got some grazes and bruises. It was because I forgot to wear the safety gear.

Finally, we headed back to Mui Wo. The journey home took about one hour and forty-five minutes.

I think today was amazing. There were many games to play, and I can go there again soon.

6A Yiu Tsz Yau

School Picnic

On November 13, I went on a school trip. It was a lot of fun and I had an amazing time with all my friends. Here's what happened that day.

I woke up at around a quarter past seven in the morning, brushed my teeth and checked my bag to make sure I packed everything the night before. I left the house at about eight o'clock, as I don't live far from the meeting point. I arrived six minutes earlier. I met with my friends and lined up to wait for the bus.

The bus ride to the destination took about an hour and a half. We went to Sai Kung, so the journey was a bit long. Once we arrived, we listened to a short announcement and took some photos with all the teachers and students. Then, I found my friends and we sat on a grassy patch with others to share the food we brought. We talked about various things before heading off to try activities like archery and playing around in the jungle gym.

For lunch, we went to the café. After eating, we tried biking for a while and then we attempted roller skating. It wasn't easy but my friend taught me how to do it, which made it really fun.

At around half past three in the afternoon, we gathered with the rest of the students to leave the site. We took the bus back and the ride took another hour and a half. Overall, the trip was super fun.

P4



成秀妍 秋葉 (水墨畫)



朱古道 美麗的煙火表演

P5

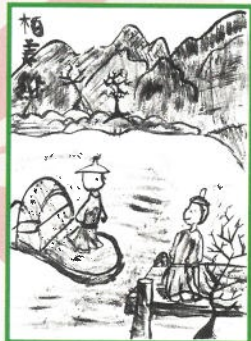


Candice 城市印象



Nicole 近畫花卉

P6



栢美絲 贈汪倫 (水墨畫)



陳敬諺 郊野 (點描畫)



VIDAL ZOE CHRISTINE SONG-LO 江南 (水墨畫)



Ysabella 近畫花卉



馬曉晴 水果素描